



The Power In Secrecy

The mighty momentum-building benefit of maintaining silence with your practice in metaphysical principles.

By Steve Bailey

[The Power In Secrecy](#) is copyrighted. Please freely copy and distribute this booklet, electronically or in print, in its entirety provided that it is given away for free and provided that nothing is altered, edited or deleted. © 2005, Steve Bailey

The Challenge of Secrecy

As a child, I had always been one of those people that you would choose not to trust a secret to. I just simply liked the feeling of revealing something to someone when I knew he or she would be excited about it. It was what my 10-year old Self considered fun, even though someone else had entrusted me with that secret, and assumed I would not tell anyone.

As an adult, when I began to learn the truly unlimited creative power behind our minds combined with the spiritual forces at work and our sustained emotionalized focus on an outcome, there was no stopping me from trying to “help” others with this information

because of my excitement over this discovery. (and I always assumed that they “needed” help for some reason).

I actually felt, believe it or not, that I was unfairly **confining** this information to myself, and just naturally figured that those around me wanted to know what I had personally discovered from writers such as Wayne Dyer, Joseph Murphy, and Neville, among a couple of others.

I had already used and applied this information to improve my life markedly in more ways than one: To attract more dates (and attracted the knowledge to achieve more confidence with the opposite sex that I particularly needed), more bonuses from work, instant answers to vexing computer programming tasks at my job, and other dilemmas such as finding just the right apartment that I had specifically described on paper (and this was with a rock-bottom disastrous credit rating and eviction from the previous apt due to my financial situation then).

As it turned out, every time that I began explaining to someone how I specifically applied these principles to my life, I always seemed to feel like I let some air out from the build-up of progress towards manifesting some large objective, especially when I looked at the face of the person and saw their suppressed grin.

My intent in this special report is to help provide some concrete reasons why keeping the silence can accelerate all of the forces that are involved in bringing your imagined objective into fruition. This is why I included quotes from 5 writers, either well known, or not so well known. Each of them provides their own individual style and angle of presenting this information.

The quotes from each writer are set in a gray background, and in some instances I do “prep” you with some contextual information that might be needed in order to follow what the quote is saying.

The Actual Quoted Passages from 5 Writers.

John McDonald, in the *Message of a Master*

Before actually getting to McDonald’s quote, I need to provide background on his terminology.

McDonald establishes two terms: **Inner Mind** and **Outer Mind**.

He describes the Inner Mind as being the positive pole of your being, and the Outer Mind being the negative.

This might make more sense if you also knew that he considers the Inner Mind as being the ‘I’ of our Being, the part of us that connects with Divine Resources... and the Outer Mind is what he calls the Conscious Mind, which in most people unfortunately, looks to the outer world for evidence on what is really Truth.

From Chapter 12,

“The value of secretiveness lies in the fact that, being impersonal and universal, the ‘I’ throws its power in with whatever words it is coupled, and when your plans are expressed verbally, they become released and their force is spent. The Outer Mind has found a way of escape, and your purpose has lost its necessary momentum.”

From Chapter 16,

“This advice is necessary for you now as beginners, but as you grow in practice you will find that these qualities become a part of your very being. Then they function automatically, without any conscious effort at all on your part.

What is the result? When you persistently hold to your goal, and keep absolutely air-tight secretiveness, the Outer Mind finds no escape for its increasing energy, and in desperation it plunges through, like the overload of steam through the safety valve of a boiler, and your objective is reached.”

Conclusion:

Even though this book is in the genre of ‘metaphysical’, this particular passage simply helps explain how you can channel the driving force of your ego, to **your** benefit.

Though McDonald never actually uses the word: *ego*, you can safely draw the conclusion that this part of you has a **persistent need** to express itself when it relishes the idea of a certain outcome.

It’s clear: One needs to cut off the ego’s preferred *release* method of verbalizing these new-found abilities as well as discussing the objective or aim itself.

Without this release, your ego, or “Outer Mind” is then converted into **real** power in two ways:

1. It begins consciously thinking the kind of thoughts that match the desired objective and thus it is now on **your** side in attracting the desired outcome. It is excited. It’s like steam that builds up.
2. It goes to work! The need for willpower becomes a thing of the past. You become like a machine that rolls over your habitual TV-watching or other weakness when it comes to the actual **action** component of achieving your objective. If your intuition tells you that you need to call a certain person or submit a manuscript to a particular publisher, you will do it without resistance or fear.

From The Fourth Principle, Page 62:

THE VALUE OF SECRECY

Making conscious contact with the highest all-creating infinite power is a very private matter. The naguals (a Native American term for spiritual masters or sorcerers) and mystics who practice and teach these methods guard their privacy. Moreover, they consider it a violation of their sacred trust to talk to others about their abilities and the “coincidences” of good fortune.

When we speak to others about our efforts to manifest, our power is weakened. In general, when we describe these activities, it is because the ego has entered the picture. This kind of approach considerably dissipates our power of attraction.

It is human nature to talk to others about problems because we want to alleviate their influence in our life. By sharing, we hope to relieve some of the pressure of the problem. So, too, when we articulate our power to attract something, our attention shifts to the reactions of those in whom we are confiding. Energy is dispersed in the direction of their reactions in the same way that it is when we share problems. The moment a thought is presented to another it is weakened. Maintain privacy concerning your own unique, possibly mysterious to others, powers to attract to you what you desire.

Your etheric energy body is yours and yours alone. You can learn to project your energy outward and have an impact on the external world in ways that you have perhaps never even considered before. However, in order to tap into this extraordinary energy and use it in the co-creation process, it **must remain yours and yours alone. The moment you discuss it with anyone who is alive today is the moment it diminishes.** Your energy shifts to an interest in the good opinion of the other.

This higher energy, which is infinite, must create its own vehicles for manifesting, and it does so in the privacy of those vehicles. This highest infinite, all-knowing wisdom is a life force that you will recognize when you become familiar with its nature.

Stuart Wilde in *Miracles*

This is a pamphlet-size book that leaves out absolutely everything but the beautiful essentials. It discusses the basics behind what **energy** is, and the importance of “giving the slip” to those limiting collective-consciousness beliefs that undermine most people’s ability to manifest what they want.

In the middle of the book, Wilde supplies a 6-step Miracle “Action Plan”.

Page 32, Step C of the Plan

Maintain silence. **Talking about your miracles dissipates the energy drastically.** Therefore you cannot tell others about your miracles until they happen.

Claude Bristol in *The Magic Of Believing*

Claude Bristol, in this classic, clearly spells out the importance of making an intense, ongoing impression onto your subconscious through forming an unchanging and definite aim, coupled with the strong belief that you **are already there**. And so immediately before the following quoted passage, Bristol introduces his method of using ordinary business cards to write down your objectives, and to view them at least 3 times a day to impress them onto your subconscious.

From page 88,

It cannot be too strongly emphasized that you should tell no one just what the words on the cards mean. Don’t give anyone an inkling of what you desire.

The truth is, **that when you talk about what you’re going to do, you scatter your forces.**

You lose the close connection you have with the subconscious and you frequently find that unless you do as directed, you will have to start all over in your program of achievement.

“Go And Tell No Man” still holds true.

Genevieve Behrend in *Your Invisible Power*

Behrend was a student of Thomas Troward, a very prominent writer in the field of New Thought literature. A key emphasis she makes in *Your Invisible Power* is of the power that is harnessed from a focused, intense visualization, or *picture*.

From Chapter IV

The more enthusiasm and faith you are able to put into your picture, the more quickly it will come into visible form, and your enthusiasm is increased by keeping your desire secret. **The moment you speak it to any living soul, that moment your power is weakened.** Your power, your magnet of attraction is not that strong, and consequently cannot reach so far. The more perfectly a secret between your mind and your outer self is guarded, the more vitality you give your power of attraction.

One tells one's troubles to weaken them, to get them off one's mind, and when a thought is given out, its power is dissipated. Talk it over with yourself, and even write it down, then destroy the paper.

Comments: That special energy of enthusiasm can go a long way toward boosting the materialization of your objective. Try applying this secrecy principle and you'll see the proof behind her statement: "your enthusiasm is increased by keeping your desire secret."

Why We Like To Share

There is an interesting and important similarity between Behrend's quote and what Wayne Dyer indicates in his book:

They both mention the fact that we humans love to talk to others about our problems, because **by instinct, we just somehow know that verbally expressing our problems to a friend or family member has a peculiarly comfortable subduing effect on our mind!**

So it goes the same way with the *positive*, excited feeling that builds from a continual, focused concentration on a really delicious objective. A part of us fiercely wants to express this strong feeling to others, and this comes from the same need - to release a built-up energy that we are not comfortable in keeping inside us.

That's not all. It isn't always about ego, or just wanting to return to a comfort zone.

Sometimes, this *need* to share can even stem from an unconscious sense of guilt. A person might feel guilty that he/she was drawn to uplifting material about consciously creating our lives, and at the same time, people in their lives such as friends and family in their close proximity are still immersed in a stubborn funk of negativity. The natural human tendency is to want to help!

The fact is, however, that folks like these whose mentality are firmly lodged in the victim mentality and are strictly 3-dimensional in their perspective on life, would prove to be the most damaging audience to discuss your ambitions with.

Yes, even if they are your close family members!

If you can imagine a Black Hole, and the energy you have accumulated towards manifesting an objective, being sucked into that hole, it's probably close to what you are doing when you decide to discuss your own **specific desires or objectives - desires** that you are using these powerful principles to achieve - with others who are very negative.

As to discussing the principles themselves, such as the Law of Attraction, sure go ahead.

But I've found, personally in the past, that when I merely began introducing the topic to someone who is proud of their negative but "realistic" view of their life, my ego doesn't like their response.

So this ego of mine then starts taking control and I'm finding myself doing the opposite of what I'm advising: I start trying to prove to them that "I'm right" and talk about things or events that I've easily manifested using these principles and it's like a snowball effect and I've realized I should have paid attention to my intuition and just sort of let them gently figure things out for themselves.

Maybe “accidentally” leaving a book or inspirational book-on-CD laying around for a family member to notice, is one possible way to get around the negative reaction of actually giving advice to the person.

Internet Discussion Forms

I have more browser bookmarks I can count that point to all kinds of discussion forums on the Internet, including 20 or so on Yahoo. Many of them are on the topic of Spirituality, Metaphysics, and a couple on just mind power itself and NLP.

I think that they are fun to participate in, especially when you hear recommendations from others about a particular book, CD, or DVD. I also enjoy saving and printing long posts from people who have really devoted themselves to learning the principles of just one particular metaphysical writer, or one particular practice, and have a lot of wisdom to share.

I personally have never discussed my major objective, and never will. The reason does not just stem from the presence of a few negative people here or there that inevitably end up on Internet forums. It’s due mostly from the advice of writers I quote in this report.

I **will** sometimes ask opinions on a particular way to visualize or double check with others’ interpretation of the writer in a way that helps me manifest a sub-goal on the way to the major goal.

(And I will ask questions about a particular, practical aspect of my major objective, in a non-metaphysical forum, that I need in order to complete a certain milestone toward the goal.)

To sum up, before clicking “send” on a post, if I notice an uncomfortable sensation in my body, I just cancel.

Trust your instinct on what to talk about.

Be An Example

The rewards of applying the principles of Law of Attraction, and thus allowing our Being Nature to naturally attract what we want effortlessly is obvious: we live the life of our dreams. But what if we also intensely crave the reward of how it feels to spread this Higher way of living to others?

You can!

Just Be It. **Be** these principles in your Thoughts, Feelings, and Actions.

Here's the word of the day: **Sequence**.

- ◆ First, change **your** life
- ◆ Then, others notice the manner in which you effortlessly attract happy conditions.
- ◆ They ask for help or advice.
- ◆ You happily point out that they have equally inherited the power to create, from the Infinite Source that created them, and that they can create the conditions they want. (However, tailor the way in which you go about telling them they are Creators according to how already conditioned they are by outdated traditional beliefs).

My way of doing this is to recommend a book that is based on the latest discoveries linking science and spirituality and/or of Quantum Physics. It also helps to recommend material that was written by a famous, successful person, who just so happens to also mention these types of principles in their book or CD. It lends more credibility this way.

What I do, is first mention the book, and then I say, "It all started when I read this particular book ..".

A Principle That Takes No Work To Apply

With some self-control and the little bit of background provided here in this report as motivation for silence, you gradually find yourself as a manifestation of an unstoppable force that quietly and effortlessly guides your actions to success.

Even during times of those giddiest moments, where your life starts to rain down with magical, happy coincidences and events, ... be a Spiritual Warrior and resist releasing that mounting energy by talking about them. Instead channel your Divine power into creating what you want as well as expressing your natural gifts. It's **okay** to be one of the "awake" people on this planet who knows that Consciousness creates every facet of your reality, and not have to tell others what you are doing. You will get through any withdrawal symptoms that may occur, I promise you. ;)

Note: Even if you do decide to *prematurely* leak your knowledge and practice of these Laws to others before arriving at a particular objective, you are still going to attract positive circumstances if your overall dominant vibration is positive. It's just simply Law and how the Universe works.

And the objective will be nonetheless attained if you are someone who has already eliminated doubts about the power of our ability to create objective reality, and can "withstand" the reactions of others.

However, why not just take that Quantum Leap – be a Pure Channel of Focused energy that confidently, **and without external approval**, arrives at the materialization of your objectives that much more quickly!

**All the Best To You,
Steve Bailey**

<http://www.scienceofrealitycreation.com/>
quantumcheesedog@gmail.com

3/2006: An Added Note:

I wanted to avoid leaving an impression that I think you should live by the motto: "I won't help others, I will live life being better than others with this knowledge". This is not the case.

If this **was** the message you 'got' in the slightest bit from this material, than ignore everything above this added note - however I would still recommend this:

Let's say you're driving to lunch with a friend whom you know, for a fact, is a person who considers this material reality we see around us, to be all there is and that there is no Master Intelligence that responds to our Intention.

Don't just pipe up with a sudden announcement that you are now attracting the perfect house by focusing energy with your steady emotionalized visualization. The excitement of applying these principles builds up, as you probably know by now, so it's really, really tempting to want to 'save' someone who seems to be in a rut. Instead, just casually leave a book on your back seat in open view.

And even if your friend **is** aligned with these principles in his/her belief system, I don't recommend talking about a specific objective you are working on. In this latter case, there's obviously less of a problem with their reaction, but just go by your instinct and perhaps simply discuss these principles in general instead of your specific project.

This is the interpretation I personally received from reading the above 5 writers' material, and this report is my attempt at relaying them. 😊

By the way, tell all of the people in your life that you saw an amazing movie called "The Secret" about something called The Law of Attraction. Allow their exposure to this brand new reality move their consciousness - to wherever it happens to move them, according to how ready they are – and if you haven't seen it, what are you waiting for?